



CAROLINA VINCENTI

Soul of Rome

A GUIDE TO 30 EXCEPTIONAL EXPERIENCES



JONGLEZ PUBLISHING



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SPEND A NIGHT IN THE MOST BEAUTIFUL VILLA IN ROME

It's one of Rome's most amazing secrets. For several years now, the exquisite Villa Medici has offered insiders the privilege of staying in four of the villa's historic suites – the erstwhile apartments of the Medici family.

And when we say privilege, we really mean it: after dinner, as you enter the villa through the small door cut into the large central doorway, you immediately feel you're experiencing something exceptional. In the silence of the night, go up the villa's wide marble stairs to the level of the famous gardens, which spread out before you ...

The four rooms (some 70 square metres – each!) feature 16th-century frescoes by Jacopo Zucchi and period coffered ceilings. They either offer views of the marvellous gardens or 180° panoramas of Rome. One suite even has a grand piano.

N.B: These rooms don't come with luxury-hotel amenities or services: the bathrooms are basic (though there are bathtubs, at least), there's no elevator or staff to carry your luggage, and breakfast isn't served (a problem easily solved by popping over to the nearby Caffè Colbert).



VILLA MEDICI
VIALE DELLA TRINITÀ DEI MONTI



Reservations by e-mail only and no more than four months in advance: standard@villamedici.it

Specify that you wish to stay in a historic room (classic rooms, also located in the villa, are available at considerably lower rates)

PHOTO CREDIT: ASSAF SHOSHAN FOR VILLA MEDICI





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BUY SOCKS LIKE THE POPE'S

Founded in the 1790s, Gammarelli has been famous in Rome since 1798. For six generations, Gammarelli – and Gammarelli alone – has been dressing the pope.

In addition to cassocks and other clothing reserved for the clergy, Gammarelli also sells exceptional socks, coloured for maximum impact.

So there really is nothing to discuss; simply ask them to open the sock drawers for you so you can choose a crimson or bright red pair ... and nothing else, just like the pope. They're perfect for wearing discretely (or not) at home, or as a gift for very select friends.



DITTA ANNIBALE GAMMARELLI
VIA DI SANTA CHIARA 34



+39 06 6880 1314

gammarelli.com



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A ROOFTOP STRAIGHT OUT OF A DREAM

It's worth making a reservation to secure your spot on Rome's most gorgeous rooftop. From here – the fifth floor of Palazzo Doria Pamphilj, over the library of Pope Innocent X – the view of Piazza Navona, Borromini's Church of Sant'Agnese in Agone just a few metres away, and the rooftops of Rome in general is truly exceptional.

N.B. The restaurant's prices – in keeping with the location – are sky-high.

PHOTO CREDIT: TERRAZZA BORROMINI



TERRAZZA BORROMINI
VIA DI SANTA MARIA
DELL'ANIMA 30



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terrazzaborromini.com/contatti



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HAVE DINNER AT A DELI

Just around the corner from Campo de' Fiori, with a decor that's a perfect cross between deli and trattoria, Roscioli is an obligatory stop for anyone exploring the flavours of Roman cuisine.

Using premium ingredients, Roscioli executes all traditional Italian and Roman dishes to perfection, including the famous *cacio e pepe* (pasta with cheese and pepper) and the even more renowned *pasta carbonara*: pasta, pecorino, a mix of exotic peppers, a touch of magic, and that's it.

PHOTO CREDIT: MAURIZIO CAMAGNA

📍 ROSCIOLI
VIA DEI GIUBBONARI 21



+39 06 687 5287

info@salumeriaroscioli.com



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LIKE A SUNDAY IN THE COUNTRY

At the heart of the magnificent gardens of the Villa Doria Pamphili, 10 minutes south of central Rome by car, Vivi Bistrot has, ever since it opened, been offering ready-to-go picnic baskets. Pick one up at the restaurant and set out into the huge park on foot or by bike to enjoy lunch al fresco – like a Sunday in the country. Brilliant.

If you prefer not to wander so far, the terrace in the garden is superb. At night, enjoy a candlelit dinner in a former barn in the park.

PHOTO CREDIT: SAGHAR SETAREH

 **VIVI BISTROT**
VILLA DORIA PAMPHILI
VIA VITELLIA 102



+39 06 582 7540

vivibistrot.com/en/picnic-2







ROME

POPULATION: 2.7 MILLION

RESTAURANTS: 7,800

**WE TESTED 1,000 PLACES
AND INCLUDED ONLY THE 30 BEST**

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